

Curriculum Vitae

Date of birth: 01.02.1988 in Kazachstan, Shymkent; Nationality: German

Short Profile

- Focus on the research fields of Occupational Health Psychology and Leadership with a track record of publications in international high impact academic journals (i.e., Journal of Applied Psychology, Journal of Occupational Health Psychology, Journal of Vocational Behaviour)
- Bridging the gap between academia and organisational practice by conducting research projects with Small-Medium Enterprises and Disseminating the research findings through popular media
- Excellence of Teaching in the fields of Leadership, Occupational Health Psychology and Statistics, which facilitates student's acquisition of relevant knowledge and skills for academia and industry with a focus on students' individual growth (under-, postgraduate, MBA, and executive education)

University Education

14/06/2016	Technical University Dortmund Dr. phil. psychologist; Grade: Summa cum laude (1.0; equiv. To distinction); Title: „Protective moderators of the adverse effects of work-related self-control demands on employees' well-being.”
04/2011- 07/2012	University of Konstanz Degree: M.Sc. Psychology (NC 1,8); Title of the master thesis: „Combined Effects of Sources of Strain and Protective Resources on Indicators of Psychological and Physical Well-being”
09/2008 - 10/2010	Ruhr-University Bochum Degree: B.Sc. Industrial- and Organizational Psychology (NC 1,9); Title of the bachelor thesis: „Auswirkungen von Machiavellismus auf den Zusammenhang von „political skill“ und Karriereerfolg“ (The Influence of Machiavellism on the Relation Between Political Skill and Career Success)

School Education

07/1999 - 06/2008	Kaiserin-Augusta-School, Cologne High school graduation (NC 1,3)
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Work Experience

07/2017 -	Aston Business School, Birmingham, Lecturer in Organisational Behaviour
08/2012 – 06/2017	Leibniz Research Center for Working Environment and Human Factors at the TU Dortmund, Dortmund, Doctoral- and post-doctoral fellow
09/2011- 03/2012	DB Netz AG, Frankfurt, Internship: Leadership development
05/2011- 08/2011	Untersee, Konstanz, Student assistant: Recruiting
08/2010 – 04/2011	Vneshtorgbank, Kiev, Internship: Leadership development
11/2008 – 11/2009	CC Dr. Schutz, Bonn, Working student: Graphic design

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05/2008 – 11/2008

Alpha Play, Cologne, Working student: Service and catering

Additional Qualifications

02/2015 – 04/2016

Training as a certified „Systemic Business Coach“; HM-i Private Holistic Management Institute

10/2010

Certified „Train the Trainer“-program; Ruhr-University Bochum

Membership of Professional Bodies

Academy of Management, European Association of Work and Organisational Psychology, European Association of Occupational Health Psychology, German Society of Psychology (DGPs), Higher Education Academy - fellowship

Ad-hoc Reviewer for

Applied Psychology – An International Review, European Journal of Work and Organisational Psychology, Group and Organisation Management, International Journal of Stress Management, Journal of Personnel Psychology, Journal of Vocational Behaviour, Work and Stress, Journal of Occupational Psychology

Language and Software Skills

Foreign language skills

Russian native language
German native language
English business fluent
French good knowledge
Latin good knowledge

Software knowledge

R - Statistics
SPSS Statistics
Stata
MPlus Statistics
HLM
MIWin

Teaching Experience

Year	Module Title	Institution	Audience
2013	HRM for IT-Students	Technical University Dortmund	Postgraduate
	Social Psychology and HRM	FOM - University of Applied Sciences	Undergraduate
2014	HRM for IT-Students	Technical University Dortmund	Postgraduate
	Descriptive Statistics	Doepfer University of Applied Sciences	Undergraduate
	Introduction to R	Doepfer University of Applied Sciences	Undergraduate
	Inferential Statistics	Doepfer University of Applied Sciences	Undergraduate
	Data Acquisition and Statistics	FOM - University of Applied Sciences	Undergraduate
2015	HRM for IT-Students	Technical University Dortmund	Postgraduate
	Leadership and Participation	Technical University Dortmund	Executives
	Descriptive Statistics	Doepfer University of Applied Sciences	Undergraduate
	Inferential Statistics	Doepfer University of Applied Sciences	Undergraduate
2016	HRM for IT-Students	Technical University Dortmund	Postgraduate
	Leadership and Participation	Technical University Dortmund	Executives
	Data Acquisition and Statistics	FOM - University of Applied Sciences	Undergraduate
	Inferential Statistics	Doepfer University of Applied Sciences	Undergraduate
	Measurement and Documentation	Doepfer University of Applied Sciences	Undergraduate
	Descriptive Statistics	Doepfer University of Applied Sciences	Undergraduate
2017	HRM for IT-Students	Technical University Dortmund	Postgraduates
	Leadership and Participation	Technical University Dortmund	Executives
	Inferential Statistics	Doepfer University of Applied Sciences	Undergraduate
2018	Research Methods	Aston University	Postgraduate
	Organisational Behaviour – Theory and practice	Aston University	Postgraduate
	Strategy Change and Leadership	Aston University	Postgraduate
	Leading Strategically Shaping Complex Organisations	Aston University	MBA

Peer Reviewed Publications

Year	Title
Submitted	<p>Gerpott, F.*; Rivkin, W.*; Unger, D. (Submitted). Flowing to Work to Flow at Work? A Diary Study on Aversive Morning Commute and Positive Motivational States at Work: The Interplay of Daily Self-Control Demands and General Basic Needs Satisfaction. <i>Journal of Applied Psychology</i>; IF(2018) = 4.643, CABS = 4*</p> <p>Konze, A.-K.; Rivkin, W.; Schmidt, K.-H. (R&R - Minor Revision). Can Faith Move Mountains? How Implicit Theories about Willpower Moderate the Adverse Effect of Daily Emotional Dissonance at Work on Ego-Depletion. <i>European Journal of Work and Organisational Psychology</i>; IF(2018) = 2.638, CABS = 3</p>
2018	<p>Gombert, L., Konze, A. K., Rivkin, W., & Schmidt, K. H. (in press). Protect Your Sleep When Work is Calling: How Work-Related Smartphone Use During Non-Work Time and Sleep Quality Impact Next-Day Self-Control Processes at Work. <i>International journal of environmental research and public health</i>, 15(8), 1757. https://doi.org/10.3390/ijerph15081757; IF(2018) = 2.145, CABS = n.a.</p> <p>Gombert, L.*, Rivkin, W.*, & Schmidt, K.-H. (in press). Indirect effects of Daily Self-Control Demands on Subjective Vitality via Ego Depletion – How Daily Psychological Detachment Pays Off. <i>Applied Psychology: An International Review</i>; IF(2018) = 2.490, CABS = 3</p> <p>Konze, A.-K*, Rivkin, W.*, & Schmidt, K.-H. (2017). Is Job Control a Double-Edged Sword? A Cross-Lagged Panel Study on the Interplay of Quantitative Workload, Emotional Dissonance, and Job Control on Emotional Exhaustion. <i>International Journal of Environmental Research and Public Health</i>, 14(12), 1608. https://doi.org/10.3390/ijerph14121608; IF(2018) = 2.145, CABS = n.a.</p> <p>Konze, A. K., Rivkin, W., & Schmidt, K. H. (2018). Implicit theories about willpower as a moderator of the adverse effect of daily self-control demands on need for recovery. <i>Zeitschrift für Arbeitswissenschaft</i>, 72(1), 61-70. https://doi.org/10.1007/s41449-017-0062-y</p> <p>Rivkin, W., Diestel, S., & Schmidt, K.-H. (2018). Which Daily Experiences Can Foster Well-Being at Work? A Diary Study on the Interplay Between Flow Experiences, Affective Commitment, and Self-Control Demands. <i>Journal Occupational Health Psychology</i>. http://dx.doi.org/10.1037/ocp0000039; IF(2018) = 3.766, CABS = 4</p>
2017	<p>Gombert, L., Rivkin, W., & Kleinsorge, T. (2017). A diary-study on work-related smartphone use and employees' well-being: the moderating role of basic need satisfaction. <i>Zeitschrift für Arbeitswissenschaft</i>, 1-9. https://doi.org/10.1007/s41449-017-0090-7</p>
2016	<p>Schmidt, K.-H., Beck, R. E., Rivkin, W., & Diestel, S. (2016). Self-control demands at work and psychological strain: The moderating role of physical fitness. <i>International Journal of Stress Management</i>, 23, 255-275. http://dx.doi.org/10.1037/str0000012; IF(2018) = 1.949, CABS2</p>
2015	<p>Diestel, S., Rivkin, W., & Schmidt, K.-H. (2015). Sleep quality and self-control capacity as protective resources in the daily emotional labor process: results from two diary studies. <i>Journal of Applied Psychology</i>, 100, 809-827. http://dx.doi.org/10.1037/a0038373 ; IF(2018) = 4.643, CABS = 4*</p> <p>Rivkin, W., Diestel, S., & Schmidt, K.-H. (2015). Affective commitment as a moderator of the adverse relationships between day-specific self-control demands and psychological well-being. <i>Journal of Vocational Behavior</i>, 88, 185-194. http://dx.doi.org/10.1016/j.jvb.2015.03.005 ; IF(2018) = 3.052, CABS = 4</p> <p>Rivkin, W., Diestel, S., & Schmidt, K.-H. (2015). Psychological detachment: a moderator in the relationship of self-control demands and job strain. <i>European Journal of Work and Organizational Psychology</i>, 24, 376-388. http://dx.doi.org/10.1080/1359432X.2014.924926; IF(2018) = 2.638, CABS = 3</p>
2014	<p>Rivkin, W., Diestel, S., & Schmidt, K.-H. (2014). The positive relationship between servant leadership and employees' psychological health: A multi-method approach. <i>Zeitschrift für Personalforschung</i>, 28, 52-72. http://dx.doi.org/10.1688/ZfP-2014-01-Rivkin; IF(2018) = 0.615, CABS = 2</p>

* Authors contributed equally; IF = Impact Factor; CABS = Chartered Association of Business Schools – Academic Journal Guide 2018; Printed in bold are five key publications considered particularly relevant to the advertised tenure-track professorship

Book Chapters

Year	Title
2017	Diestel, S., Rivkin, W., & Schmidt, K.-H. (2017). Positive und negative Effekte der Selbststeuerung auf psychische Gesundheit und Motivation. In W. Jochmann, I. Böckenholt, & S. Diestel (Hrsg.), HR Exzellenz in Leadership & Transformation (S. 375-406). Wiesbaden: Springer Gabler.; SENSE = B.
	Küper, K., Rivkin, W., & Schmidt, K. H. (2017). Training Interventions to Increase Innovation and Productivity in Age-Diverse Teams. In Advances in Ergonomic Design of Systems, Products and Processes (pp. 115-124). Springer, Berlin, Heidelberg.; SENSE = B.
2016	Rivkin, W., & Schmidt, K.-H. (2016). Beneficial effects of servant leadership on short- and long-term indicators of employees' psychological health. In B. Deml, P. Stock, R. Bruder, & C. M. Schlick (Eds.), Advances in ergonomic design of systems, products and processes: Proceedings of the Annual Meeting of GfA 2015 (S. 71-85). Berlin: Springer.; SENSE = B.
	Rivkin, W., & Schmidt, K.-H. (2016). Resources Buffering the Day-Specific Relations between Work-Related Self-Control Demands and Employee Well-Being. In Carol Saunders (Ed.). Psychology of Self-Control: New Research. Berlin: Nova.; SENSE = C.
2015	Bröker, L., Rivkin, W., & Günnewig, J. (2015). Training von Führungskompetenzen zur Steigerung der Innovation und Produktivität in altersgemischten Teams. In T. Langhoff, M. Bornewasser, E. Heidling, B. Kriegesmann, & M. Falkenstein (Hrsg), Innovationskompetenz im demografischen Wandel: Konzepte und Lösungen für die unternehmerische Praxis (S. 90-109). Wiesbaden: Springer Fachmedien Wiesbaden.; SENSE = B.
	Küper, K., Rivkin, W., Diestel, S., Schmidt, K.-H., Myskovszky von Myrow, T., Przybysz, P., Ahlfeld, C., & Falkenstein, M. (2015). Innovationskraft altersgemischter Belegschaften steigern - eine ganzheitliche Intervention In S. Jeschke, A. Richert, F. Hees, & C. Jooß (Hrsg), Exploring demographics: Transdisziplinäre Perspektiven zur Innovationsfähigkeit im demografischen Wandel. (S. 463-475). Wiesbaden: Springer Fachmedien.; SENSE = B.

SENSE = Socio-Economic and Natural Sciences of the Environment Ranking of Academic Publishers.

Awards

2018	Best Paper award	Rivkin, W., Diestel, S., & Schmidt, K.-H. (2018). Servant Leadership as a Substitute for Employees' Trait Self-Control in the Emotional Labor Process. Institute of Work Psychology International Conference 2018 Work Psychology: Shaping the Future, Sheffield, UK.
2017	Best Presentation Award	Gombert, L.; Rivkin, W.; Schmidt, K.-H.. (2017) A diary-study on work-related smartphone use and employees' well-being: The moderating role of basic need satisfaction. Kongress der Gesellschaft für Arbeitswissenschaft, Brugg-Windisch, Schweiz.
	Best Presentation Award	Konze, A.; Rivkin, W.; Schmidt, K.-H.. (2017) Implicit theories about willpower as a moderator of the adverse effect of daily self-control demands on need for recovery. Kongress der Gesellschaft für Arbeitswissenschaft, Brugg-Windisch, Schweiz.
2015	Best Presentation Award	Rivkin, W., Diestel, S., & Schmidt, K.-H. (2015). Beneficial effects of servant leadership on short- and long-term indicators of employees' psychological health. Kongress der Gesellschaft für Arbeitswissenschaft, München Deutschland.

Conference Presentations

Year	Title
2018	<p>Konze, A-K., Rivkin, W., Schmidt, K-H. (2018). Is Job Control a Double-Edged Sword? Analysing the Interplay of Quantitative Workload, Emotional Dissonance, and Job Control on Emotional Exhaustion. European Academy of Occupational Health Psychology Conference, Lisbon, Portugal.</p> <p>Rivkin, W., Diestel, S., Schmidt, K-H.(2018). Servant Leadership as a Substitute for Employees' Trait Self-Control in the Emotional Labor Process. Institute of Work Psychology International Conference, Sheffield, UK.</p> <p>Rivkin, W., Diestel, S., Schmidt, K-H.(2018). The Adverse Effects of Daily Commuting to and from Work on Employees' Ego Depletion. Academy of Management – Annual Conference, Chicago, US.</p> <p>Rivkin, W., Gombert, L., Schmidt, K-H.(2018). Daily smartphone use as a boundary condition, which strengthens the adverse effects of self-control demands on need for recovery Academy of Management– Big Data Specialized Conference, Surrey, UK.</p> <p>Rivkin, W., Unger, D. (2018). The Interplay of Psychological Detachment and Aversiveness of Travel During the Commute to Work and Home. European Academy of Occupational Health Psychology Conference, Lisbon, Portugal.</p>
2017	<p>Gombert, L., Rivkin, W., & Schmidt, K.-H. (2017). Depleted Resources? A Diary Study on the Interplay between Self-Control Demands, Ego Depletion, Need for Recovery and Psychological Detachment. Congress of the European Association of Work and Organizational Psychology (EAWOP), Dublin, Ireland.</p> <p>Konze, A-K., Rivkin, W., Schmidt, K-H. (2017). Implicit Theories about Willpower as a Moderator of the Adverse Effect of Daily Emotional Dissonance on Ego-Depletion. Congress of the European Association of Work and Organizational Psychology (EAWOP), Dublin, Ireland.</p> <p>Rivkin, W., Unger, D., Diestel, S., & Schmidt, K.-H. (2017). Die beeinträchtigenden Auswirkungen täglichen Pendelns zur und von der Arbeit auf psychische Gesundheit. Tagung der Fachgruppe Arbeits-, Organisations- und Wirtschaftspsychologie der Deutschen Gesellschaft für Psychologie, Dresden, Germany.</p> <p>Rivkin, W., & Schmidt, K-H. (2017). Variance of self-control demands moderating the relations between mean levels of self-control demands and ego depletion. Congress of the European Association of Work and Organizational Psychology (EAWOP), Dublin, Ireland.</p>
2016	<p>Gombert, L., Rivkin, W., & Schmidt, K.-H. (2016). Mentales Abschalten von der Arbeit als Puffer der negativen Einflüsse tagesspezifischer Selbstkontrollanforderungen auf psychisches Wohlbefinden. Kongress der Gesellschaft für Arbeitswissenschaft, Aachen, Germany.</p> <p>Gombert, L., Rivkin, W., Schmidt, K-H. (2016). Psychological Detachment as a Buffer of the Adverse Effects of Self-Control Demands - A Daily Diary Study. European Academy of Occupational Health Psychology Conference, Athens, Greece.</p> <p>Rivkin, W., Diestel, S., Schmidt, K-H.(2016). Servant Leadership as a Buffer of the Adverse Effects of Self-Control Demands on Employees' Work Engagement. Institute of Work Psychology International Conference, Sheffield, UK.</p> <p>Rivkin, W., Küper, K., Karthaus, M., & Schmidt, K.-H. (2016). Alter als Moderator der positiven Effekte von Servant Leadership auf Arbeitsengagement. Kongress der Gesellschaft für Arbeitswissenschaft, Aachen, Germany.</p> <p>Rivkin, W., & Schmidt, K.-H. (2016). Befriedigung von psychologischen Grundbedürfnissen als Mediator der positiven Einflüsse von Servant Leadership auf psychisches Wohlbefinden. Kongress der Gesellschaft für Arbeitswissenschaft, Aachen, Germany.</p> <p>Rivkin, W., Schmidt, K-H. (2016). Political skill as a buffering moderator of the adverse effects of emotional dissonance on employees' well-being. European Academy of Occupational Health Psychology Conference, Athens, Greece.</p>
2015	<p>Küper, K., Rivkin, W., Diestel, S., Schmidt, K.-H., Myskovszky von Myrow, T., Przybysz, P., Ahlfeld, C., Frießem, M., Zülch, J., Kleibömer, S., Günnewig, J., te Heesen, M. & Falkenstein, M. (2015). Innovationssteigerung durch demografiesensible Personal-, Organisations- und Kompetenzentwicklungsstrategien. Kongress der Gesellschaft für Arbeitswissenschaft. Karlsruhe, Germany.</p> <p>Rivkin, W.; Küper, K.; Karthaus, M.; Schmidt, K.-H. (2015). Förderliche Auswirkungen von Servant Leadership auf Mitarbeiter-Gesundheit. Kongress der Gesellschaft für Arbeitswissenschaft. Karlsruhe, Germany.</p> <p>Rivkin, W., & Schmidt, K-H. (2015). Affective Commitment buffering the adverse effects of self-control demands on strain. Congress of the European Association of Work and Organizational Psychology (EAWOP), Oslo, Norway.</p> <p>Schmidt, K.-H., & Rivkin, W. (2015). Selbstkontrollkapazität als personenbezogene Ressource bei der Bewältigung von Selbstkontrollanforderungen bei der Arbeit. Kongress der Gesellschaft für Arbeitswissenschaft. Karlsruhe, Germany.</p>
2014	<p>Diestel, S., Rivkin, W., & Schmidt, K.-H. (2014). Die Rolle der Achtsamkeit bei der Bewältigung von täglichen Anforderungen an Emotions- und Impulskontrolle: eine Tagebuchstudie. Kongress der Gesellschaft für Arbeitswissenschaft. München, Germany.</p> <p>Diestel, S., Rivkin, W., & Schmidt, K.-H.(2014). Die Rolle der tagesbezogenen Achtsamkeit im Zusammenhang zwischen Selbstkontrollfähigkeit, tagesbezogener Emotionsarbeit und psychischem Wohlbefinden Kongress der Deutschen Gesellschaft für Psychologie. Bochum, Germany.</p>

	<p>Küper, K., Chababi, N., Rivkin, W., Diestel, S., Schmidt, K.-H., Myskovszky von Myrow, T., Mütze-Niewöhner, S., & Falkenstein, M. (2014). Innovationskraft und Kreativität altersgemischter Belegschaften stärken - ein ganzheitliches Konzept. Kongress der Gesellschaft für Arbeitswissenschaft. München, Germany.</p> <p>Rivkin, W., Diestel, S., & Schmidt, K.-H. (2014). Sauerstoffaufnahme im Blut als Puffer der adversen Effekte von Selbstkontrollanforderungen auf Burnout-Indikatoren. Kongress der Deutschen Gesellschaft für Psychologie. Bochum, Germany.</p> <p>Rivkin, W., Diestel, S., & Schmidt, K.-H. (2014). Maximum Oxygen uptake as a moderator of the adverse effects of SCDs on strain. Institute of Work Psychology International Conference, Sheffield, UK.</p> <p>Schmidt, K.-H., Diestel, S., & Rivkin, W. (2014). Aktives Coping und Selbstwirksamkeitserleben als personenbezogene Ressourcen bei der Arbeit. Kongress der Gesellschaft für Arbeitswissenschaft. München, Germany.</p>
2013	<p>Rivkin, W., Diestel, S., & Schmidt, K.-H. (2013). Psychological Detachment als Moderator der Beziehung zwischen arbeitsbezogenen Selbstkontrollanforderungen und Indikatoren psychischer Beanspruchung. Kongress der Gesellschaft für Arbeitswissenschaft. Krefeld, Germany.</p>

Keynotes and Public Media

2018	Rivkin, W., (2018). Keynote: Gute Arbeit – Aus arbeitswissenschaftlicher Sicht. Dreiländerkongress Pflege in der Psychiatrie, Vienna, Austria.
2017	Rivkin, W., (2017). Eingeladen als Experte zur der Diskussion des Roman Herzog Instituts zum Thema: Zukunft der Arbeit, Munich, Germany. Rivkin, W., (2017). Keynote: Führungskräftetraining des Führungsstils „Servant Leadership“ zur Förderung der psychischen Gesundheit und Leistungsfähigkeit Von Mitarbeitern. Workshop of the BMBF funded project Ingemo, Essen, Germany. Getzmann, S., & Rivkin, W., (2016). Interview Markets International. Altersgemischte Teams sind kein Allheilmittel. https://www.marketsinternational.de/altersgemischte-teams-sind-kein-allheilmittel/
2016	Rivkin, W., (2016). Interview ARD - Themenwoche Zukunft der Arbeit. Arbeit muss einen Sinn für uns haben. http://www.ard.de/home/themenwoche/Der_Sinn_der_Arbeit_ARD_Themenwoche_2016/3616930/index.html Rivkin, W., (2016). Interview Deutschlandfunk – Campus & Karriere. Wie muss in der Zukunft ausgebildet werden?. https://www.deutschlandfunk.de/arbeitswelt-wie-muss-in-der-zukunft-ausgebildet-werden.680.de.html?dram:article_id=370436

External Funding

Year	Duration	Funder	Amount Funded	Title	Contribution	Status
2018	36 Months	EU - Horizon 2020	3,973,798 EUR	PROMISE - Prevention and Reduction of Mental Illness Stigma in Services Sector SMEs	Primary Investigator	1st stage proposal submitted
	36 months	EU - Horizon 2020	696,034 EUR	DINNOS - Diversity Innovation Support Scheme for SMEs	Primary Investigator	Passed 1st stage; 2 nd stage proposal submitted
	36 Months	Leverhulme/BA Small Research Grant	10,000 EUR	The impact of Brexit on SME entrepreneurs health, well-being and productivity – A monthly diary study across 14 months	Primary Investigator	Under Revision
2017	36 Months	DFG – Deutsche Forschungsgesellschaft	311,342 EUR	Mechanisms Underlying the Adverse Relations Between Work-Related Self-Control Demands and Employees' Psychological Well-Being	Primary Investigator	Invitation for R&R; On hold since requires position in Germany
2015	36 Months	Direct funding by AVU - German Energy provider	72,000 EUR	Assessment and Interventions to improve employees' health and well-being and reduce absenteeism	Primary Investigator	Completed
2013	36 Months	BMBF - Bundesministerium für Bildung und Forschung	1,800,000EUR	INNOKAT – Fostering Innovation and Creativity in Age Diverse Teams in two SMEs	Project Coordinator	Completed